



Lamoine Consolidated School

May 19, 2006

BASEBALL / SOFTBALL SCHEDULE

Tuesday, May 16th – Lamoine @ Surry

****Rescheduled for Tuesday, May 23****

Monday, May 22nd – Trenton @ Lamoine

Wednesday, May 24th – Lamoine at Beech Hill

****Two five-inning games will be played at**

Beech Hill starting at 3:15

Tuesday, May 30th – Quarter-Finals

Thursday, June 1st – Semi-Finals

Wednesday, June 7th – Championship Game

SPRING SPORTS AWARDS

Awards Night will be on Monday, June 12 at 5:00 pm. This is for the baseball and softball teams and grades 5, 6 & 7 citizenship and academic awards.

HOT LUNCH MONEY

Hot lunch accounts need to be paid in full by the end of the school year. Please call the school to get the total due for your student.

GRADES 5 - 8 CONCERT

The concert for grades 5 – 8 is scheduled for 6:30 p.m. on Thursday, May 25th.

8TH GRADE GRADUATION

The Lamoine 8th grade graduation is scheduled for Tuesday, June 13th at 6:00 p.m.

LAST DAY OF SCHOOL

The last day of school will be Thursday, June 15th.

JINA'S GYM BENEFIT DANCE

Jina's Gym Benefit Dance will be held on Saturday, May 20th at the Elks Lodge – Ellsworth from 7:00 – 10:00 p.m. Tickets are \$10.

Anyone who has volunteered to help with the set up and decorating for the dance should be at the Elk's Lodge Saturday morning at 10:00 a.m. Volunteers to help at the dance should be at the Elk's Lodge by 6:00 p.m.

NO SCHOOL REMINDER

Thursday, May 25 – early dismissal at 12:15

Friday, May 26 – Union 92 In-Service Day

Monday, May 29 – Memorial Day

LUNCH MENU CHANGE

On Tuesday, May 23rd will be spaghetti & meat sauce, salad bar & roll fruit & milk.

Thursday, May 25th will be chicken patty on roll with salad bar, fruit & milk

RAISE THE FLAG DANCE!

Help us Raise The Flag! PATRONS will hold a COMMUNITY WIDE, all ages dance on Friday, June 2nd from 6:30-9:30pm. If the weather is good, we will hold this OUTSIDE! Music by DJ Bill DaButler. Admission \$4.00 per person, with a family price limit of \$12! Children in 3rd grade and under MUST be accompanied by an adult. Concessions on sale. Proceeds to help pay for a new flag pole for the ball field. Volunteers and donations of water and soda needed, contact Angie Butler @ 266-1555 or tyger2@adelphia.net

SAVE THIS DATE!

Sunday, June 4th - 2pm till whenever! (Rain date Sun, June 11th) The Lamoine PATRONS invite you to our Year End CELEBRATION! A Family Fun Day with Bar B Q! We'll play a game of ball, socialize and have a potluck bar b que. PATRONS will provide the hot dogs, hamburgers, rolls, condiments and paper goods - you can bring drinks, potluck salad, chips or dessert to share! We will need 4 Bar B Q grills. If you can lend yours to the event, please let us know. We will also need a couple willing chefs to work those grills too! PLEASE, You MUST RSVP to Angie Butler by Tuesday, May 30th See flyer for full details! email tyger2@adelphia.net

DRESS CODE

Every year about this time, as the weather turns warmer, we start to see student dress that goes beyond the limits of our dress code. One of the provisions of the student dress code says, "that

unacceptable attire includes not only clothing that promotes alcohol, tobacco or other drugs but dress that is immodest or revealing that distracts from the educational process.” Parental awareness of the clothing students are wearing will be helpful. Shorts need to be at least fingertip length. **NO belly shirts or short shorts!**

“TASTES OF LAMOINE” COOKBOOKS

The "Tastes of Lamoine" cookbooks are in and they look AWESOME! Cookbooks are available for purchase in the office at school during the school day. Cost is \$8.00 per book. Purchase extras, these will make great gifts!!

CHEERLEADING CAMP AT HUSSON

Cheerleaders who would like to go to camp to please call Cori-Lynn @ 460-0010 to register before May 25th! NCA Camp at Husson College is from July 11-14, for girls and boys that will be in the 5th through 9th grade next fall (even if you have never cheered before)! Total camp price is \$235.00 and \$50.00 is due at registration!!

PRINCIPAL’S CORNER

Relational aggression is a form of bullying that strikes the social and emotional rather than the physical component of our well-being. A wide range of tactics are used in this form of bullying, including name calling, gossiping, giving the “silent treatment,” intentionally excluding someone socially, starting rumor mills, written notes, and e-mail, just to name a few. Whichever method is used, this type of bullying can lead to mental health problems in victims who are on the receiving end of this behavior. Many develop unhealthy self-images and self-deprecatory behaviors that have been known to lead to thoughts of suicide.

Relational aggression can begin at a very early age. According to Kelly Burgess, author of **Words Will EVER Hurt Me-Girls as Bullies**, “relational aggression can start as early as second grade and reaches its peak in middle school.” Still others contend that it can begin as early as preschool.

For the most part, studies show that girls use this form of bullying when engaged in conflict because girls tend to use their social intelligence rather than their physical strength to handle conflict. Emotional intimacy is more common in friendships between girls and is an important

ingredient in their emotional and social well-being. As a result, girls who bully use this to their advantage to achieve interpersonal damage through the above-mentioned strategies. As for boys, a study done by Bjorkvist notes that boys tend to use relational aggression as their verbal skills increase and that over time both boys and girls use this form of bullying.

Relational aggression can involve several people including the bully, the victim, witnesses, and at times emissaries who will perpetrate the crime of aggression for the bully. All these people who fill a role are affected by this behavior. The bully seeks out power and control over others and tends to view friendships as a means to achieve this power and control. As a result, many bullies are incapable of forming true friendships. The bully is also very manipulative and is able to orchestrate multiple events hoping to escape discovery and blame for their actions. This allows the bully to continue his/her hurtful behavior without taking responsibility for it.

The victims of relational aggression usually suffer in silence while anxiety and depression increase, causing many victims to become more absent from school. Victims also run the risk of developing self-destructive behaviors such as self-mutilation and suicide attempts.

As for the witnesses of this cruelty, they too experience feeling of anxiety and powerlessness similar to the victim. Their role is viewed as minimal at the time of the altercation but can be huge in stopping this type of behavior. Unfortunately, instead of having empathy for the victim and coming to their aid, many bystanders watch in silence, and over time tend to almost justify the bullying that took place.

As your principal, I have a pretty good understanding of the ingredients that go into the mix called bullying. In most cases, I can detect the beginning involvement of relational aggression, but there are times when it is not obvious. This is why parents need to be aware of the dangers of relational aggression and be quick in alerting us here at school. By working together, in most cases, we can make a difference.

Source: Mainly Middle- The Journal of the Maine Association for Middle Level Education- Volume 15, 2006. Author: Beth Weatherbee.